



# ALMDA

## News & Notes

THE SOCIETY FOR POST-ACUTE AND LONG-TERM CARE MEDICINE

WWW.ALMDA.ORG

## ALMDA 2017 Summer Conference registration is open


Please join us at the Linkside Conference Center in Sandestin for our 2016 Summer Conference.

Conference topics include:

- The Intersection of Policy and Practice: Post-Acute Care Outcomes in the Context of Healthcare Reform
- Understanding the PASRR Process
- Strategies for a Successful Community Discharge from Post-Acute Care: A Review of Evidence
- Dementia and Dysphagia
- Inserting a Silver Lining into Infection management: Antibiotic Stewardship in Long Term Care
- Preventing Falls in Post-Acute Care: An Interdisciplinary Approach to Care
- Vision and Nursing Home Care
- The Year in Review: Hot Topics and Timely Articles

See the full agenda and CME information on pages 3 and 4.

Register online at [www.tinyurl.com/ALMDA2016SummerConference](http://www.tinyurl.com/ALMDA2016SummerConference) or you may print the form on page 5.

Rooms at the Sandestin Golf and Beach Resort begin at \$169 per night based on availability. Go to <http://www.Sandestin.com> or by call (800) 320-8115 with Group Code 23C6SJ. 


## AMDA; ALMDA introduce a new look; website

The American Medical Directors Association (AMDA) and the Alabama Medical Directors Association (ALMDA) have a new look! The new logo was introduced earlier this year along with a website re-design.



The website addresses are:

- ALMDA: [www.almda.org](http://www.almda.org)
- AMDA: [www.paltc.org](http://www.paltc.org)

The new websites are user-friendly with new search functions, new content for patients and families, and a responsive design for mobile and tablet use – all with the same dedication to post-acute and long-term care practitioners. 

Welcome!

### We are growing! Welcome to our new members!

Merrill Allen, CRNP, Lafayette, LA	Brandon Jackson, Birmingham
Thomas Blanks, Gulfport, MS	Abner L. Luther, MD, CMD
Julia Booth, MD, Reform	William Rogers, MD, Alabaster
Robert C. Cain, MD, CMD, Birmingham	Sandy Thomas, CRNP, Hanceville
Joven E. de los Reyes, MD, Tuscaloosa	Ashley Williams, CRNP, Birmingham
Greg Flippo, MD, Pinson	James Woodward, MD, Columbus, MS
Debra Humphrey, CRNP, Birmingham	

# Alabama Medicaid Agency to make PDL changes effective July 1


Effective July 1, 2016 the Alabama Medicaid Agency will:

1. Include the Disease-Modifying Antirheumatic Drugs (DMARDs) in the Preferred Drug List (PDL).
2. Implement a "Preferred with Clinical Criteria" program. For select drug classes, Alabama Medicaid will require clinical criteria be submitted for preferred products on the PDL. Preferred products will require a prior authorization request be submitted. Clinical criteria must be met in order to be approved. Non-preferred products will continue to require prior authorization; for a non-preferred product to be approved, failure with a designated number of preferred agents and clinical criteria must be met. Alabama Medicaid will begin with the following classes:
  - DMARDS
  - Hepatitis C Antivirals
3. Require prior authorization (PA) for payment of all methadone products (including generics).
4. Update the PDL to reflect the quarterly updates.

prescriber or the dispensing pharmacy when requesting a PA. Providers requesting PAs by mail or fax should send requests to:

Health Information Designs (HID)  
 Medicaid Pharmacy Administrative Services  
 P. O. Box 3210 Auburn, AL 36832-3210  
 Fax: (800) 748-0116  
 Phone: (800) 748-0130

Incomplete PA requests or those failing to meet Medicaid criteria will be denied. If the prescriber believes medical justification should be considered, the prescriber must document this on the form or submit a written letter of medical justification along with the PA form to HID. Additional information may be requested. Staff physicians will review this information.

Policy questions concerning this provider notice should be directed to the Pharmacy Program at (334) 242-5050. Questions regarding PA procedures should be directed to the HID help desk at (800) 748-0130. 

PDL Additions	
Kitabis	Aminoglycosides
guanfacine ER	Cerebral Stimulants/ADHD
Cimzia <sup>cc</sup>	Disease-modifying Antirheumatic Agents
Enbrel <sup>cc</sup>	Disease-modifying Antirheumatic Agents
Humira <sup>cc</sup>	Disease-modifying Antirheumatic Agents
Toviaz	Genitourinary Smooth Muscle Relaxants
Harvoni <sup>cc</sup>	HCV Antivirals
Technivie <sup>cc</sup>	HCV Antivirals
Viekira Pak <sup>cc</sup>	HCV Antivirals
PDL Deletions	
Intuniv	Cerebral Stimulants/ADHD
alogliptin	DPP-4 Inhibitors
alogliptin/metformin	DPP-4 Inhibitors
alogliptin/pioglitazone	DPP-4 Inhibitors
Kombiglyze	DPP-4 Inhibitors
Onglyza	DPP-4 Inhibitors
Tradjenta	DPP-4 Inhibitors
Jentadueto	DPP-4 Inhibitors
methadone	Opiate Agonists
Ventolin HFA*	Respiratory Beta-adrenergic Agonists

<sup>cc</sup> Preferred with Clinical Criteria

\* Product was temporarily preferred due to shortage of preferred agents

For additional PDL and coverage information, visit the Agency's [drug look-up site](#).

The PA request form and criteria booklet, as well as a link for a PA request form that can be completed and submitted electronically online, can be found on the Agency's website at [www.medicaid.alabama.gov](http://www.medicaid.alabama.gov) and should be utilized by the

## Medical Director Opening

Elmcroft Senior Living, located in Birmingham, Alabama is in search of a Medical Director to oversee it's clinical compliance. The Medical Director will assist the Resident Services Director with all clinical aspects of the community. Please contact Ryan Robertson, Executive Director directly. 205-854-2888 or [robertson@elmcroftseniorliving.com](mailto:robertson@elmcroftseniorliving.com). 

## ALMDA News & Notes

Alabama Medical Directors Association  
 19 S. Jackson Street | Montgomery, AL 36104  
 (334) 954-2500 | Fax (334) 269-5200 | [www.almda.org](http://www.almda.org)

Kendra Sheppard, MD, MSPH, CMD, Publisher  
 Jennifer Hayes, Executive Editor  
 Charlotte H. Morris, Senior Editor

The Alabama Medical Directors Association (ALMDA) is the professional association of physicians and other professionals practicing in the long-term care continuum and is dedicated to excellence in patient care by providing education, advocacy, information and professional development.

*The articles contained in ALMDA News & Notes are meant to provoke thought and comment and do not necessarily reflect the views and opinions of the members, Executive Council or staff of the Alabama Medical Directors Association. Comments and letters to the editor are welcome.*

# Alabama Medical Directors Association 2016 Annual Conference • July 28-31

Sandestin Golf and Beach Resort  
Linkside Conference Center

## 2016 Annual Conference Agenda

### THURSDAY, JULY 28

5:00 p.m. – 7:00 p.m.

ALMDA Board Meeting  
Linkside Conference Center

6:00 p.m. – 8:00 p.m.

Registration  
Reception with Exhibitors

### FRIDAY, JULY 29

7:30 a.m. – 8:30 a.m.

Advisory Committee Meeting of  
ALMDA's Board of Directors, ANHA  
and ADPH

7:30 a.m. – 8:30 a.m.

Registration  
Breakfast with Exhibitors

8:30 a.m. – 8:35 a.m.

Welcome  
**Kendra Sheppard, MD, MSPH, CMD**  
President, ALMDA

8:35 a.m. – 9:35 a.m.

The Intersection of Policy and Practice:  
Post-Acute Care Outcomes in the  
Context of Healthcare Reform

**Natalie Leland, PhD, OTR/L, BCG, FAOTA**  
Assistant Professor,  
University of Southern California

*Learning Objective: Define the goal of healthcare reform as high quality and efficient care that results in desired patient outcome.*

9:35 a.m. – 10:35 a.m.

Understanding the PASRR Process

**Angela Howard**  
OBRA PASRR Director, Alabama  
Department of Mental Health

*Learning Objective: Review the physician's and medical director's role in the Level II survey process.*

10:35 a.m. – 11:05 a.m.

Morning Break with Exhibitors

11:05 a.m. – 12:05 p.m.

Strategies for a Successful Community  
Discharge from Post-Acute Care:  
A Review of Evidence (👉 = 1 hour)

**Natalie Leland, PhD, OTR/L, BCG, FAOTA**  
Assistant Professor,  
University of Southern California

*Learning Objective: Recognize that practitioners need evidence to guide clinical practice and demonstrate the value of occupational therapy.*

12:05 p.m. – 1:05 p.m.

Lunch and Membership Meeting

1:05 p.m. – 2:05 p.m.

Dementia and Dysphagia (👉 = 1 hour)

**David Hutchings, CCC-SLP.D**  
Senior Managing Director of Rehab,  
Amedisys, Inc.

*Learning Objective: Describe the role of the speech and language pathologist in the care of patients with dementia and dysphagia.*

2:05 p.m. – 3:05 p.m.

Dysphagia and COPD (👉 = 1 hour)

**David Hutchings, CCC-SLP.D**  
Senior Managing Director of Rehab,  
Amedisys, Inc.

*Learning Objective: Discuss advanced practices in dysphagia.*

### SATURDAY, JULY 30

7:30 a.m. – 8:30 a.m.

Breakfast with Exhibitors

8:30 a.m. – 8:35 a.m.

Announcements

**Kendra Sheppard, MD, MSPH, CMD**  
President, ALMDA

8:35 a.m. – 10:35 a.m.

Inserting a Silver Lining into Infection  
Management: Antibiotic Stewardship  
in Long Term Care (👉 = 2 hour)

**Marilyn Bulloch, Pharm.D.**  
Associate Clinical Professor,  
Auburn University

*Learning Objective: Define the role of health care providers in antibiotic stewardship in the nursing home.*

10:35 a.m. – 11:05 a.m.

Morning Break with Exhibitors

11:05 a.m. – 12:05 p.m.

Preventing Falls in Post-Acute Care:  
An Interdisciplinary Approach to Care

**Natalie Leland, PhD, OTR/L, BCG, FAOTA**  
Assistant Professor,  
University of Southern California

*Learning Objectives: State how care givers can ensure the delivery of evidence-based high quality interdisciplinary care.*

12:05 p.m. – 12:15 p.m.

Break

12:15 p.m. – 1:15 p.m.

Vision and Nursing Home Care  
(👉 = 1 hour)

**Mark Swanson, OD, MSPH, FFAO**  
Professor of Optometry  
University of Alabama - Birmingham

*Learning Objectives: Compare evaluation and treatment options for long term care patients with vision problems.*

Lunch on your own

### SUNDAY, JULY 31

7:30 a.m. – 8:30 a.m.

Continental Breakfast

8:30 a.m. – 10:30 a.m.

The Year in Review: Hot Topics and  
Timely Articles (👉 = 2 hours)

**Kendra Sheppard, MD, MSPH, CMD**  
Assistant Professor  
University of Alabama - Birmingham

*Learning Objective: Report on recent geriatric literature and how it applies to post-acute and long term care patients.*

10:30 a.m.

Closing Remarks and Adjournment

👉 = clinical hours

👉 = pharmacology hours



# ALMDA Annual Conference

## Sandestin Golf and Beach Resort, Destin, Fla. July 28-31, 2016

### Accreditation Statement

This live activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of AMDA – The Society for Post-Acute and Long-Term Care Medicine and the Alabama Medical Directors Association. AMDA – The Society for Post-Acute and Long-Term Care Medicine is accredited by the ACCME to provide continuing medical education for physicians. This live activity is approved for a maximum of 11 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim credit commensurate with the extent of their participation in the activity.

### CMD Credit Statement

The live activity has been pre-approved by the American Board of Post-Acute and Long-Term Care Medicine (ABPLM) for a total of 5 Management hours and 6 Clinical hours toward certification as a Certified Medical Director in Long-Term Care (CMD) in post-acute and long-term care medicine. The CMD program is administered by the ABPLM. Each physician should claim only those hours of credit actually spent on the activity.

### Certificate Statement for CME

AMDA – The Society for Post-Acute and Long-Term Care Medicine certifies that [name of participant] has participated in the live activity “ALMDA 2016 Annual Conference,” held July 28-31, 2016, at the Sandestin Golf and Beach Resort and is awarded 11 *AMA PRA Category 1 Credits*<sup>™</sup>.

### Certificate Statement for CMD

The American Board of Post-Acute and Long-Term Care Medicine (ABPLM) certifies that [name of participant] has participated in the educational activity titled Alabama Medical Directors Association 2016 Annual Conference at Sandestin Golf and Beach Resort on July 28-31 and is awarded 5 management credit hours and 6 clinical credit hours.

### Certificate Statement for Nursing Home Administrators

The Board of Examiners of Nursing Home Administrators has reviewed and approved the seminar entitled “ALMDA 2016 Annual Meeting” for 11 hours of continuing education credit for licensed nursing home administrators in the State of Alabama.

### Certificate Statement for American Academy of Family Physicians

AAFP Credits are pending.

### Certificate Statement for Nurses

Credit established for physicians is accepted for 11 continuing education nursing credits by the Alabama Board of Nursing without conversion.



19 South Jackson Street  
Montgomery, Alabama 36104  
Phone: (334) 954-2500  
Fax (334) 269-5200  
[www.almda.org](http://www.almda.org)

# Alabama Medical Directors Association 2016 Annual Conference

July 28-31  
Sandestin Golf and Beach Resort

## REGISTRATION FORM – PLEASE PRINT CLEARLY

Name: \_\_\_\_\_

CMD    MD    DO    Administrator    CRNP    LPN    Other \_\_\_\_\_

Address: \_\_\_\_\_

Company: \_\_\_\_\_

Office Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Fax: \_\_\_\_\_ E-mail: \_\_\_\_\_

Dietary Needs: \_\_\_\_\_  I opt out of being listed in the ALMDA Directory.

(The directory includes name, company name, address and office phone number.)

### REGISTRATION FEES (Before July 1) – After July 1 add \$25

- Physician Member \$300    Physician Non-Member \$400 (includes membership dues)  
 Affiliate Member \$300    Affiliate Non-Member \$350 (includes membership dues)  
 Guest \$75   Guest Name: \_\_\_\_\_  
 I am a first-time attendee

### ONLINE REGISTRATION

To register online go to [www.tinyurl.com/ALMDA2016SummerConference](http://www.tinyurl.com/ALMDA2016SummerConference).

### ACCOMMODATIONS

Rooms at the Sandestin Golf and Beach Resort begin at \$169 per night. Rate applies for three days before the conference and three days after. Reserve a room online at <http://www.Sandestin.com> or by calling (800) 320-8115 with Group Code 23C6SJ. **NOTE: Room block closes June 22 but we expect rooms will sell out before that time.**

### MAIL REGISTRATION FORMS AND CHECKS TO

ALMDA Annual Conference | Attn. Jennifer Hayes | PO Box 1900 | Montgomery, AL 36102-1900

### DETAILS

More conference information is available online at [www.ALMDA.org](http://www.ALMDA.org). If you have special needs and/or need assistance, please contact Jennifer Hayes, Executive Director, at (334) 954-2500 or [JHayes@alamedical.org](mailto:JHayes@alamedical.org).

### PAYMENT

Credit Card:  VISA    MasterCard    American Express    Check made payable to ALMDA

Cardholder Name: \_\_\_\_\_

Card Number: \_\_\_\_\_ Exp. Date: \_\_\_\_\_ Security Code: \_\_\_\_\_

Billing Address: \_\_\_\_\_ City, State, ZIP \_\_\_\_\_

Signature: \_\_\_\_\_ Amount: \$ \_\_\_\_\_