



ALMDA

News & Notes

THE SOCIETY FOR POST-ACUTE AND LONG-TERM CARE MEDICINE

WWW.ALMDA.ORG

ALMDA Annual Conference coming soon

ALMDA staff are busy making final preparations for our Annual Meeting, July 30 - August 2, at the Sandestin Golf and Beach Resort. If you have not registered, there's still time. Use the form on page 3 or go online to www.tinyurl.com/ALMDAconference.

To reserve a room at the Sandestin Golf and Beach Resort go online to <http://www.Sandestin.com/2349EC.aspx> or call (800) 622-1038. ALMDA's room block is closed, so rooms are no longer guaranteed. When making reservations note that the meeting will be located in the Linkside Conference Center.

About our Speakers

Alex Bardakh, MPP, PLC, serves as the Director of Public Policy & Advocacy at AMDA, the Society for Post-Acute and Long-Term Care Medicine. He is responsible for implementing the

legislative and regulatory policy agenda for AMDA. Mr. Bardakh earned his undergraduate degree in political science and a master's degree in public policy with a concentration on health policy and legal policy from the University of Maryland Baltimore County.

Kurtis Eaton, MD, MBA, is the medical director for Optum Complex Population Management for Alabama and Tennessee. He has practiced as a board certified family practitioner in solo and group practice. At St. Vincent's FamilyCare, he served as medical director of the Access to Care Program, which provides free or low-cost medical care to under-insured and uninsured individuals. He started the Alabama Medical Education Consortium site in Dothan, supervising and mentoring the first medical students there in a program that has evolved into the Alabama College of Osteopathic Medicine.

David S. Geldmacher, MD, FACP, is a professor of neurology and director of the Division of Memory Disorders and Behavioral Neurology at the University of Alabama at Birmingham. He also serves as medical director for neurology at UAB

Hospital. His research has centered on developing new dementia treatments, and ways of measuring the success of treatments.

Clare I. Hays, MD, CMD, is an associate scientist at the Center of Aging and associate professor of medicine at the University Alabama Birmingham School of Medicine. She obtained her medical degree from the Medical College of Virginia and has additional training from American Medical Directors Association Core Curriculum on Medical Direction. Dr. Hays has been on staff at the University of Mississippi as an assistant professor, and was clinical director of Geriatric Medicine at the UAB Kirklind Clinic.

David Hutchings, CCC-SLPD, is the Senior Managing Director of Rehab overseeing the Speech Language Pathology Program at Amedisys Home Healthcare. He focuses on program development and clinical education for all Speech Language Pathologists in the organization. He is a board certified licensed geriatric speech and language pathologist who specializes in geriatric dysphagia and neuropathology.

Have you registered for
ALMDA's Annual
Conference?

See page 3 for details

continued on page 2

The Alabama Medical Directors Association (ALMDA) is the professional association of physicians and other professionals practicing in the long-term care continuum and is dedicated to excellence in patient care by providing education, advocacy, information and professional development.

News Briefs

Proposed rule change

On July 16, the *Federal Register* will include proposed rules to *Medicare and Medicaid Programs; Reform of Requirements for Long-Term Care Facilities*. These proposed rules will have major changes to our current guidelines.

The comment period is 60 days. A link to a copy of the *executive summary* of the rules is posted on ALMDA's website. The entire advance copy of the rule can be located at: <https://www.federalregister.gov/articles/2015/07/16/2015-17207/medicare-and-medicaid-programs-reform-of-requirements-for-long-term-care-facilities>.

These rules contain things we have been anticipating such as compliance programs, QAPI, etc.

Five Star Quality Rating System

CMS has strengthened their Five Star Quality Rating System for Nursing Homes on the Nursing Home Compare website to give families more precise and meaningful information on quality.

CMS rates nursing homes on three categories: onsite inspections, performance

on certain quality measures and levels of staffing. Ratings now include use of antipsychotics, improved calculations for staffing levels, and higher standards to achieve a high rating on the quality measure dimension.

Resource: [Fact Sheet on Nursing Home Compare 3.0](#)

Shifting Medicare reimbursements

CMS has outlined its goals for the next several years.

- By the end of 2016 - Tie 30 percent of fee-for-service Medicare payments to quality or value through alternative payment models.
- By the end of 2018 - Tie 50 percent of payments to these models.
- By the end of 2016 - Tie 85 percent of all traditional Medicare payments to quality or value.
- By the end of 2018 - Tie 90 percent of all traditional Medicare payments to quality or value through programs such as the Hospital Value Based Purchasing and the Hospital Readmissions Reduction Programs.

Resource: [CMS Fact Sheet](#)

Annual Meeting, cont.

Rita Jablonski-Jaudon, PhD, CRNP, is a tenured associate professor at the University of Alabama at Birmingham School of Nursing and maintains a clinical practice in the Memory Disorders Clinic as a nurse practitioner. She is also a scientist in UAB's Comprehensive Center for Healthy Aging, and has a courtesy appointment in the School of Dentistry. She is the principal investigator for an NIH-funded study, Reducing Care-Resistant Behaviors During Oral Hygiene in Persons with Dementia.

Lisa Nichols, RPh, CGP, is director of Consulting Services at Senior Care Pharmacy in Tuscaloosa. She has experience in dispensing prescriptions in long term care facilities including overseeing services for approximately 5,800 facility beds, providing consultant pharmacist services to approximately 425 beds, developing and implementing policies and procedures for long-term care facilities, and developing and presenting educational seminars and in-service materials for long-term care and assisted living facilities.

Donald Williamson, MD, is the state health officer and director of the Alabama Department of Public Health, a position to which he was appointed in 1992. In addition to his duties as State Health Officer, Dr. Williamson was appointed by Governor Robert Bentley in April 2012 to serve as the chairman of the Alabama Medicaid Transition Task Force.

Welcome!

We are growing!
Welcome to our new members!

Windy Boatright, CRNP, Cullman
Beth Dunn, CRNP, Northport
Susan Durden, Montgomery
Lashon Foster, DO, Montgomery
Alison Glass, NHA, Linden
Randall L. Hall, MD, Fairhope
Anne Halli-Tierney, MD, Tuscaloosa
Adelle Hutchins, CRNP, Montgomery
Karen Jackson, CRNP, Birmingham
Bryan Jones, NHA, Monroeville
Warren Kelly, Troy
David H. MacRae, MD, CMD, Mobile
J.F. Maddox, MD, Andalusia
Katrina Magdon, Montgomery
Deborah McBride, CRNP, Rome, GA
Bernita Mims, MD, Bay Minette
Lora Mims, CRNP, Prattville
Bill O'Connor, Montgomery
Teresa Owens, LPN, Fayette
Anneke Parker, Luverne
Carson Pearce, CRNP, Tuscaloosa
Sonja Pettus, MD, Jasper
Liz Prosch, RN, Birmingham
Sunil K. Sharma, MD, Opelika
Robert Sprague, Tuscaloosa
M. Dale Spruiell, MD, Winfield
Jennifer Ventress, RN, Troy
Deborah Weldon, DON, RN,
Talladega

ALMDA News & Notes

Alabama Medical Directors Association
19 S. Jackson Street | Montgomery, AL 36104
(334) 954-2500 | Fax (334) 269-5200 | www.almda.org

B. Jerry Harrison, MD, Publisher
Jennifer Hayes, Executive Editor
Charlotte H. Morris, Senior Editor

The articles contained in ALMDA News & Notes are meant to provoke thought and comment and do not necessarily reflect the views and opinions of the members, Executive Council or staff of the Alabama Medical Directors Association. Comments and letters to the editor are welcome.

Alabama Medical Directors Association 2015 Annual Conference



July 30 - August 2

Linkside Conference Center
Sandestin Golf and Beach Resort



REGISTRATION FORM – PLEASE PRINT CLEARLY

Name: _____

CMD MD DO Administrator CRNP LPN Other _____

Address: _____

Company: _____

Office Phone: _____ Cell Phone: _____

Fax: _____ E-mail: _____

Dietary Needs: _____ I give permission to be listed in the ALMDA Directory.

(With permission, we will only publish your name, address and office phone number.)

REGISTRATION FEES (Before July 1) – After July 1 add \$25

Physician Member \$300 Physician Non-Member \$400 (includes membership dues)

Affiliate Member \$300 Affiliate Non-Member \$350 (includes membership dues)

Guest \$75 Guest Name: _____

I am a first-time attendee

NEW WAY TO REGISTER

ALMDA now accepts online registration for events! Go to www.tinyurl.com/ALMDAconference.

ACCOMMODATIONS

Rooms at the Sandestin Golf and Beach Resort begin at \$169 per night. Rate applies for three days before the conference and three days after. Reserve a room online at <http://www.Sandestin.com/2349EC.aspx> or by calling (800) 622-1038 and reference the Alabama Medical Directors Association room block. **NOTE: Room block closes June 26 but we expect rooms will sell out before that time.**

MAIL REGISTRATION FORMS AND CHECKS TO

ALMDA Annual Conference | Attn. Jennifer Hayes | PO Box 1900 | Montgomery, AL 36102-1900

DETAILS

More conference information is available online at www.ALMDA.org. If you have special needs and/or need assistance, please contact Jennifer Hayes, Executive Director, at (334) 954-2500 or JHayes@masalink.org.

PAYMENT

Credit Card: VISA MasterCard American Express Check made payable to ALMDA

Cardholder Name: _____

Card Number: _____ Exp. Date: _____ Security Code: _____

Signature: _____ Amount: \$ _____ Billing Zip Code: _____

Alabama Medical Directors Association 2015 Annual Conference



July 30 - August 2

Linkside Conference Center
Sandestin Golf and Beach Resort



2015 Annual Conference Agenda

THURSDAY, JULY 30

6:00 p.m. – 8:00 p.m.

Registration
Reception with Exhibitors

FRIDAY, JULY 31

7:30 a.m. – 8:30 a.m.

Advisory Committee Meeting of
ALMDA's Board of Directors, ANHA
and ADPH in the Terrace Room

8:00 a.m. – 9:00 a.m.

Registration
Breakfast with Exhibitors

9:00 a.m. – 9:05 a.m.

Welcome
Kendra Sheppard, MD
Vice President, ALMDA

9:05 a.m. – 11:05 a.m.

Recognition, Diagnosis and Progression
of Dementia;

Treatment Approaches for Dementia

David Geldmacher, MD

Professor of Neurology

University of Alabama - Birmingham

*Learning Objective: Review the diagnosis
and treatment (both pharmacologic and
non-pharmacologic) of dementia.*

11:05 a.m. – 11:35 a.m.

Morning Break with Exhibitors

11:35 a.m. – 12:35 p.m.

Value Creation in Healthcare Delivery

Kurtis Eaton, MD, MBA

Medical Director, Alabama and

Tennessee

Optum

*Learning Objective: Examine an alternative
payment/care model for nursing home residents.*

12:35 p.m. – 1:30 p.m.

Lunch and Membership Meeting

1:30 p.m. – 2:30 p.m.

Public Policy Update

Alex Bardakh

Director of Policy and Advocacy

AMDA

*Learning Objective: Review the current and
future climate around fiscal policies in the nursing
home environment.*

2:30 p.m. – 3:30 p.m.

Reducing Avoidable Hospitalizations in
Nursing Home Residents

Clare I. Hays, MD, CMD

Associate Professor of Medicine

University of Alabama - Birmingham

*Learning Objective: Discuss the progress and
pitfalls of nursing home transitions of long term
residents as demonstrated in a CMS demonstration
project.*

SATURDAY, AUGUST 1

7:30 a.m. – 8:30 a.m.

Breakfast with Exhibitors

8:30 a.m. – 8:35 a.m.

Announcements

Kendra Sheppard, MD

Vice President, ALMDA

8:35 a.m. – 10:35 a.m.

Dysphagia and Nutritional Concerns in
Dementia

David T. Hutchings, CCC-SLP.D

Senior Managing Director of Therapy

Services

Amedisys Home Healthcare

*Learning Objective: Examine the treatment of
swallowing disorders in patients with dementia,
particularly in the nursing home.*

10:35 a.m. – 11:05 a.m.

Morning Break with Exhibitors

Sponsored by the Alabama Nursing

Home Association

11:05 a.m. – 12:05 p.m.

Choose Wisely Campaign

Lisa Nichols, R.Ph., CGP

Director of Consulting Services

Senior Care Pharmacy

*Learning Objectives: Review regulation regarding
medications and discuss the appropriate use of
medications in the older adult using the Choosing
Wisely campaign.*

12:05 p.m. – 1:05 p.m.

Lunch

1:05 p.m. – 2:05 p.m.

Update on Pharmacy Issues in Long
Term Care

Lisa Nichols, R.Ph., CGP

Director of Consulting Services

Senior Care Pharmacy

*Learning Objectives: Review role of a consultant
pharmacist and the role of pharmacy for long term
care facilities.*

2:05 p.m. – 3:05 p.m.

Alabama Medicaid Transformation
Update

Donald E. Williamson, MD

State Health Officer

Alabama Department of Public

Health

*Learning Objective: Obtain an update on
Medicaid reform for the state of Alabama.*

SUNDAY, AUGUST 2

7:30 a.m. – 8:30 a.m.

Continental Breakfast

8:30 a.m. – 10:30 a.m.

Strategies for Improving the Delivery
of Mouth Care to Long Term Care

Residents

Rita Jablonski-Jaudon, PhD, CRNP

Associate Professor

University of Alabama - Birmingham

*Learning Objective: Explore the benefits of oral
hygiene in dementia patients residing in the
nursing home.*

10:30 a.m.

Closing Remarks and Adjournment

Register online at
www.tinyurl.com/ALMDAconference.



ALMDA Annual Conference

Sandestin Golf and Beach Resort,

Destin, Fla.

July 30 - Aug. 2, 2015

Accreditation Statement

This live activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of AMDA – The Society for Post-Acute and Long-Term Care Medicine and the Alabama Medical Directors Association. AMDA – The Society for Post-Acute and Long-Term Care Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Designation Statement

AMDA – The Society for Post-Acute and Long-Term Care Medicine designates this live activity for a maximum of 12 *AMA PRA Category 1 Credits*[™]. Physicians should claim credit commensurate with the extent of their participation in the activity.

CMD Credit Statement

The live activity has been pre-approved by the American Board for Post-Acute and Long-Term Care Medicine (ABPLM) for a total of 5 Management hours and 7 Clinical hours toward certification as a Certified Medical Director in Long-Term Care (CMD) in post-acute and long-term care medicine. The CMD program is administered by the ABPLM. Each physician should claim only those hours of credit actually spent on the activity.

Certificate Statement for CME

AMDA – The Society for Post-Acute and Long-Term Care Medicine certifies that this attendee has participated in the live activity, “ALMDA 2015 Annual Conference,” held July 30 – August 2, 2015, at the Sandestin Golf and Beach Resort and is awarded 12 *AMA PRA Category 1 Credits*[™].

Certificate Statement for CMD

The American Board of Post-Acute and Long-Term Care Medicine Certification Program (ABPLM) certifies that this attendee has participated in the live activity, “ALMDA 2015 Annual Conference,” held July 31 – August 2, 2015, at the Sandestin Golf and Beach Resort and is awarded 5 Management credits and 7 Clinical credits toward certification as a Certified Medical Director in Long-Term Care (CMD).

Certificate Statement for Nursing Home

Administrators

This program has been approved for 12 hours continuing education for licensed nursing home administrators by the Alabama Board of Examiners for Nursing Home Administrators.

Certificate Statement for American Academy of Family Physicians

This Live Activity, Alabama Medical Directors Association’s Annual Conference, with a date of July 30, has been reviewed and is acceptable for up to 12 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Alabama Medical Directors Association

19 South Jackson Street
Montgomery, Alabama 36104
Phone: (334) 954-2500 • Fax (334) 269-5200
www.almda.org